



# discovering your value

AN INTERACTIVE, FUN, AND NON-THREATENING  
LEARNING SYSTEM FOR ADOLESCENT FEMALES

## OVERVIEW

"Discovering Your Value" (DYV) is a fun, interactive learning system developed by Present Age Ministries and a team of Subject Matter Experts. The purpose of DYV is to provide prevention and early intervention to at-risk female adolescents. The Learning System encourages players to interact by answering questions, evaluate scenarios and engage in team challenges to accumulate game incentives. Whether used in an isolated session, or with our 8-week Intensive Curriculum, DYV empowers participants to collaborate through answering tough questions, formulate solution strategies, uncover strengths and share best practices.

## DYV LEARNING SYSTEM CONTENT

This curriculum addresses the cultural devaluation of women and identifies topics such as: Relationships, Self-Image, Cultural Influences, Sexual Integrity, Dreams/Future, and more. By targeting root issues that are influential of many plaguing issues (including sexual abuse, teen pregnancy, and early dropout), we are confident that participants will walk away empowered with tools to make healthy choices.

## SPECIFICATIONS

4'X5' oversized journey map  
130 questions  
90 team activities  
16 players at a time, but allows for smaller groups

## TARGET AUDIENCE

DYV is created for adolescent females between the ages of 12 and 17. Avenues for implementation include: Public Schools, Private Schools, Church Groups, Community Groups, Girl Scouts, Service Clubs, etc.

## MEASURABLE OUTCOMES:

The DYV curriculum has been developed to support school-based objectives and goals. All materials, developed by Present Age Ministries' team of Subject Matter Experts, directly link to competencies that will be measured and evaluated with a pre-measuring and post-measuring tool.

## DESIRED OUTCOMES INCLUDE:

- Increased self respect
- Development of decision making skills
- Development of health boundaries
- Increased capacity to set goals for future
- Reduce the influence of unaddressed trauma
- Increased awareness of community resources



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### DYV SYSTEM IMPLEMENTATION

- Sessions are 60-90 minutes.
- All content is developmentally based for female adolescents.
- Participants can engage with the learning system 12+ times before repeating content.
- Content is linked to identified competencies.
- Maximum of 16 participants.
- Participants engage as teams to increase and encourage peer-to-peer learning.
- All facilitators are trained and required to adhere to standards, reporting, and integrity.

### TRAINING FOR FACILITATORS

Present Age Ministries is eager to share knowledge and experience by training facilitators to implement the DYV Learning System and 8 Week Intensive.

### 8-WEEK INTENSIVE IMPLEMENTATION

Curriculum is expanded on the foundational elements of the DYV Learning System. Facilitators are provided with lesson plans, instructions, material lists and more to implement sessions.

- Week 1 - DYV Learning System
- Week 2 - Cultural Influences
- Week 3 - Relationships: Non-romantic
- Week 4 - Self-Image
- Week 5 - Relationships - Romantic
- Week 6 - Sexual Integrity
- Week 7 - Dreams & Future
- Week 8 - Responsibility

### PRICING & OPTIONS

**\$5,000.00** DYV Learning System & 8 Week Curriculum

This includes Learning System and training for 1 facilitator.

**\$250.00** DYV Facilitator Training: Per additional facilitator

Implementation must be done by trained facilitators.

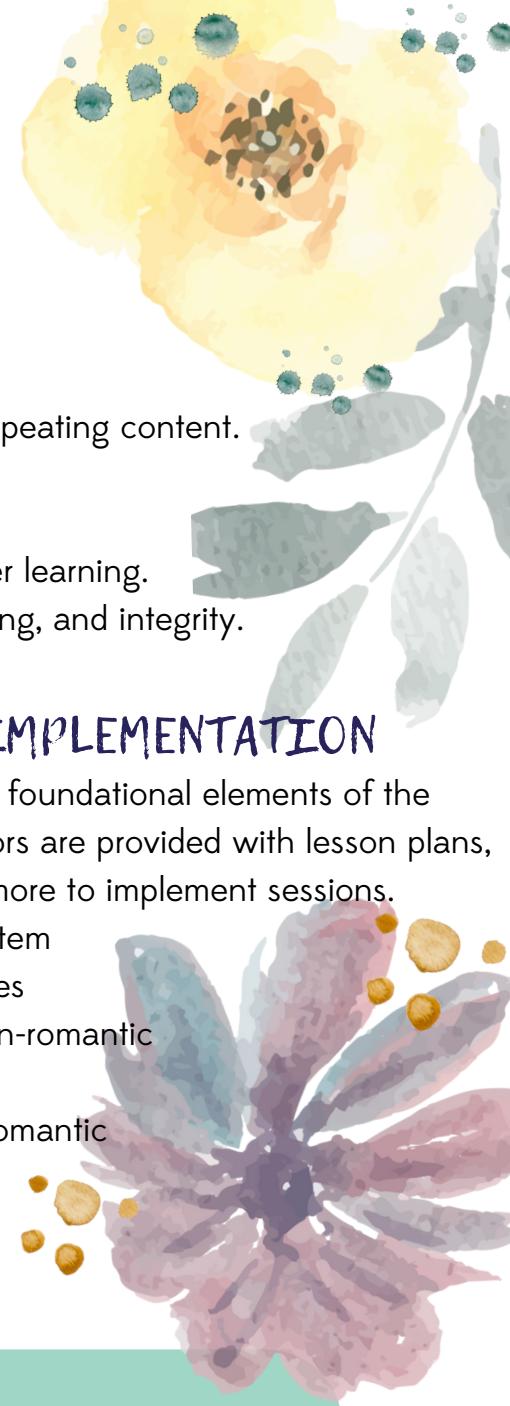
### FOR MORE INFORMATION



[info@presentageministries.org](mailto:info@presentageministries.org)



[www.discoveringyourvalue.org](http://www.discoveringyourvalue.org)  
[www.presentageministries.org](http://www.presentageministries.org)



Present Age Ministries is committed to combatting the sexual abuse, exploitation, and trafficking of teen girls.



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## 6-8 WEEK OVERVIEW

### Session 1

#### Introduction to Group

Implementation of Discovering Your Value® Learning System

### Session 2

#### Cultural Influences

Analyze current music and entertainment options, and evaluate the influence on personal choices.

### Session 3

#### Non-Romantic Relationships

Define relationships and boundaries in a healthy, non-romantic setting to pursue healthy relationships with friends and family.

### Session 4

#### Self Image

Define what self-worth is and how to replace lies with truth while articulating personal worth, not dependent on others.

Can be combined  
for 6-week group

Can be combined  
for 6-week group

### Session 5

#### Romantic Relationships

Discuss purpose of romantic relationships and begin to set healthy and appropriate boundaries.

### Session 6

#### Sexual Integrity

Identify sexual norms in culture and determine how to set healthy standards, expectations, and boundaries.

### Session 7

#### Dreams and Future

Develop vision for future, and create achievable goals to accomplish future dreams.

### Session 8

#### Responsibility and Review

Review past weeks content and establish concrete behavior changes to become a healthier person.



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