



Ella The Goldendoodle

# A CHILD'S CHOICE

Establishing Safe Boundaries and Healthy Responses

A Child's Choice is an age-appropriate child abuse prevention curriculum for K-5th grade students. The content is interactive and builds upon the skills learned in previous years. The content includes stories, activities, and discussions that focus on teaching a child what boundaries are, how to establish them, and healthy response when boundaries have been crossed.

## LEARNING OBJECTIVES:

1. To provide information regarding:
  - a. Age-appropriate definitions of appropriate vs. inappropriate touch
  - b. Identifying the uncomfortable feelings and how to speak out about those
  - c. Learning how to say NO and be able to get away from bad situations
  - d. Identifying safe adults to share experiences with
2. To stress, the concept that our bodies are to be respected and to establish boundaries that enforce this.
3. To provide lesson plans for teachers that are easy to facilitate and relevant.
4. To focus on safety, rather than on sexuality.

## CONTENTS OF CURRICULUM:

Section 1 - K-3 Digital Learning Curriculum that includes:

- Ella The Goldendoodle Book/Story (Story book will also be published and available for purchase by parents/community)
- 6 Scenarios that present and discuss the need to establish boundaries and teach healthy responses
- Each story is narrated by Ella the Goldendoodle with introduction and debrief to establish learning objective and to reinforce boundaries and how to respond when they have been violated.
- Teacher Guide including discussion questions.
- Follow Up Activities that include instructions for each section

Section 2 - 4-5 Digital Learning Curriculum that includes:

- 6 Scenarios that present and discuss the need to establish boundaries and teach healthy responses
- Each story is narrated with introduction and debrief to establish learning objective, to reinforce boundaries, and how to respond when they have been violated.
- Teacher Guide including discussion questions.
- Follow Up Activities that include instructions for each section

Extra Resources

- Parent Letter with Talking Points
- Additional Resource Guide

